



Extremely Important to Thoroughly Read Everything. Thank you!

Message from Dr. Pedigo:

I would like to congratulate you on making the wise decision to get on top of your pain now.

Unlike so many people in pain who simply “go with the flow” and search for quick fixes, inexpensive pills, and worst of all – REST until the pain just “goes away,” you have chosen to set yourself apart and explore a new path and a different approach to your healthcare...an approach that abandons the frustration and confusion of your typical chiropractic appointments and instead focuses on providing high quality healthcare with extreme clarity.

Now, I would wager you are probably skeptical, yet cautiously optimistic that coming to see us can really make that kind of difference in your pain, performance, and overall health...because with the explosion of chiropractors and physical therapists making bold (and often unsupported) claims, it is clearly tougher for people to make educated decisions in healthcare. And ultimately, it has gotten far more difficult for you to obtain the appropriate guidance for your specific pain when doctors already have the prescription pad filled out within minutes or a referral to a cookie cutter therapy clinic or EVEN SURGEON!

If you are like me, you probably wanted to start with the most conservative, non-invasive approach to managing pain, discomfort, and stiffness BEFORE ever considering taking very addictive painkillers or pursuing invasive surgical procedures.

Finally, I am so glad that you are here. I work with highly motivated people looking for real change in their bodies. Thank you for trusting me! See you soon.

In Health,

Dr. Pedigo

Watch this short video by Dr. Pedigo!

Link: [March 11, 2024 \(youtube.com\)](#)

4 Pillars of Southern Spine & Rehab

1. Our Number 1 Rule

- a. Our clinic was built to provide a new standard of care for patients. You will ALWAYS be treated like a human being and NEVER treated like a \$ sign. You will always be treated with respect and given the time and attention that you deserve.

2. Our Culture

- a. Empowering our patients through intentional, skillful interactions. We believe that we can give people hope and direction with their health when our society and medical system is continuing to put negative influences out there. We take pride in partnering with patients and clients to achieve their desired goals by nurturing a culture that is aligned with our company's core values.

3. Our Team

- a. We are a group of highly motivated, competent, and dedicated individuals dedicated to advancing our industry to unprecedented levels of excellence. Our team members possess impeccable character and are willing to serve our customers, clients, patients, and fellow team members.

4. Our Community

- a. Our team is committed to positively impacting our community by sharing our vision with local families and businesses. We also are dedicated to partnering with other local healthcare providers and organizations to further our joint impact in pursuit of our unrelenting effort to spread our mission!